Intervention: School-based asthma intervention programs

Finding: Sufficient evidence for effectiveness

Potential partners to undertake the intervention:	
⊠Nonprofits or local coalitions	Businesses or labor organizations
Schools or universities □	☐ Media
Health care providers	
State public health departments	☐ Policymakers
☐ Hospitals, clinics or managed care organizations	Other:

Background on the intervention:

Asthma disproportionately affects individuals that are young, of ethnic minority groups, and in poverty. Strategies are needed that can address the needs of underserved communities. This is a review of school-based programs designed to assist children with asthma.

Findings from the systematic reviews:

Evidence indicates that schools can be ideal partners for forming coalitions for childhood asthma intervention programs. School systems provide access, local infrastructure and resident expertise if there is a school nurse.

Schools can work particularly well for impoverished communities with limited financial resources. In this case it can be reasonable to incorporate sustainable asthma interventions for underserved children into existing infrastructure.

Limitations/Comments:

There are many different programs available for schools. Programs should be tailored to the particular sub-groups that are targeted.

Reference:

Christiansen SC, Zuraw BL. Serving the underserved: school-based asthma intervention programs. J Asthma. 2002 Sep;39(6):463-72.